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Ten Spiritist Lessons on Parenting

by *Vanessa Anseloni*

Disasters

by *Joanna de Angelis*

**In the Spiritual
Dimension**

by *Nabor Orlando Facure*

**Responsible Love
During the Pandemic**

by *Bezerra de Menezes*

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Regarding Children

Andre Luiz (Spirit) / Chico Xavier (Medium)

See in the child's heart the blueprint of the next generation, trying to support him or her in all directions.

Guidance during childhood results in prevention for the future.

Sympathize with efforts that help children, improving methods and amplifying tasks. Educating the little ones sublimates Humanity.

Collaborate decidedly in the recovery of maladjusted and sick children, striving for the reduction of infant mortality.

During corporeal childhood, the Spirit finds occasion to renew the basis of one's own life.

Spiritist parents can and should enroll their children in schools with Spiritist Christian morals, so that the newly incarnated companions can safely start the new earthly experience.

Parents are spiritually responsible as the chaperones of those resurging in the school of the flesh.

Incessantly distribute works of children's Spiritist literature by incarnate and disincarnate authors, collaborating effectively in the essential dissemination of the Eternal Truth.

Uplifting books vaccinate children's minds against evil.

Observe when you should or should not take children to doctrinal meetings.

Order is an article of the law for all ages.

Refrain from promising to the children who study any awards or gifts as a reward or (false) encouragement for the success that they will meet

with at school so as not to addictively indulge their minds.

The notion of responsibility in the smallest duties is the starting point for the fulfillment of great obligations.

Do not allow children to participate in meetings or parties that pollute their feelings, and, under no circumstances, offer them gifts, either toys or books, likely to encourage them to hold any aggressive or belligerent attitudes.

The child suffers deeply from the influence of the environment.

Avoid enhancing the development of mediumistic faculties in children, nor allow them to witness activities where discarnates are being assisted, even when the children display disturbances of a mediumistic nature. In this case, they should receive help through prayer and the magnetic passes.

The Spirit will only gradually become acquainted to the realities of the incarnation.

In every doctrinal disclosure, event or development, do not forget the unique position of educating children within the Spiritist Harvest, creating subdivisions and programs dedicated to children in particular.

Without a good seed, there is no good harvest.

– *“Let the children come unto me, and forbid them not, for theirs is the kingdom of God”* – Jesus (Luke, 18:16).

Source: From the book *Conduta Espirita* by Andre Luiz (Spirit) psychographed by Waldo Vieira, chapter 21, published by FEB. The English version of the book was provided by the Spiritist Society of Virginia's team. Its copyright was given to the publisher. We await its publication.

Faith For Challenging Times

The divine law consists of eternal balances¹. Love, Justice and Charity: the perfect balanced law of God. For us, humans, it is difficult to grasp its complexity. We are used to linear thinking, most like at Moses time, eye for eye. But for God, everything is different.

Contemplating God's beautiful harmonious universe, we may begin to feel the security in it even at uncertain times like ours.

We are living one of the greatest worldwide challenges we have lived. The challenging Covid-19 pandemic is shaking up everyone's lives. And the real epicenter of it all: the family.

Our families are the real cells of our society and they need new strength to navigate the current challenges.

Above all, we need renewed faith, one that is actively seeking the best in one another, in all

circumstances, so we may reflect the good in our lives.

It is God calling us for greater heights of accomplishments of the heart.

Thus, dear reader, we compiled this issue of the Spiritist Magazine with various elements that shall boost your family life, especially your parenting mission.

May you feel empowered to fulfill God's will wherever you are, knowing that the Universe counts on you too!

Many blessings!

Vanessa Anseloni, PsyD, PhD
Editor-in-Chief

¹ Hail Christ by Emmanuel through Chico Xavier, chapter 3.



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April - June, 2020

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“May faith be our lamp. May hope be the oil that sustains the clarity of each day. May charity be the incessant manifestation through our march, because the three divine virtues are the favorite daughters of the love that Jesus bequeathed us.” - Emmanuel

(Source: Book *Illuminuras* by Emmanuel through Chico Xavier, published by Vinha de Luz Editora)

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In The Spiritual Dimension

> Prof. Dr. Nubor Orlando Facure

The Spiritist Doctrine adds the “spiritual dimension” to the understanding of human nature, highlighting its complexity. We gather here, aleatorily, some of its lessons.

The physical body is a transitional garment that serves to the Spirit as an instrument to manifest itself in the world we live in. By reincarnating in successive lives we have the opportunity to develop experiences, redeem ourselves from failures, reassess good and bad actions and to plan for future commitments.

Nothing happens by accident. God is the Creator and His purposes guide our destinies. We are all inserted in the project of an unceasing progress that will elevate us to the level of the Superior Spirits.

The intelligent principle, with which we have inaugurated life, has traveled various evolutionary stages by striving in the acquisition of reflexes, instincts, automatism and reasoning until it reached the human condition we enjoy today.

The evolution of the mind suggested and guided the

needs of the evolution of the body. The Superior Spirituality introduced the changes that were necessary to the success of the human project by making interventions in both (spiritual and physical) dimensions of life.

Our talents and aptitudes to Good or Evil are fruit of our own worth. Perseverance improves the artist. Study builds the genius. Serenity shapes the saint. To persist in addictions renders us stagnant. To harm a fellow human enslaves us to the mistake made. Running away from the lesson postpones the corrigendum.

The appearance each one of us carry, as much as the environment life allocates us are momentaneous, adequate to our necessities. A farm laborer that is overtired by the land may be living the lesson of simplicity and patience. A renowned politician may be experimenting the commitments that power implicates. A religious leader may be learning perseverance in faith.

The family that accompanies us, with dedication or difficulties and demands, represents credits or protection, “bills” to be paid or flaws in our essence to be overcome.

We are partial and timid expressions of the multiple lives we have experimented in other existences. Valuable talents and many deficiencies are frequently submerged



by the Law of transitory forgetfulness that protects us. At each reincarnation, the Divine mercy benefits us with the blessing of a new beginning, ignoring our past full of guilt.

Any idea of racial, gender, professional or social prestige superiority is not accepted in the Spiritist Doctrine. What certifies us is our good deeds to our fellow human beings and our inner transformation.

Each child accumulates the sum of personalities they developed through thousands of years, and the period of innocence inherent to the first years is the opportunity to redirect behaviors, transform feelings and acquire new values.

Parents and siblings, profession and marriage, fortune and privileges are transitory loans that will hold us accountable.

Life will give us what we seek and will charge us for what we receive.

Genetics helps, but it does not do for us what is our responsibility. In fact, **we are heirs of ourselves**. It is our past that represents us on the stage of life. Neither genes nor surnames will be passports to free us from feeling guilty, from feeling like we wasted time or from regretting the times we refused to forgive others.

Our difficulties reflect our needs, and with today's

effort we guarantee tomorrow's reward.

The official Science has not realized the Spiritual dimension and the role it plays in our lives.

Those we buried on the last farewells remain alive and share closeness with us which we are not suspicious of. Our sensory physiology is not sensible to their presence, but our mental activity radiates in the same spectrum of harmony. We share with them the same universe of mental waves. We live permanently as senders and receivers projecting and receiving all thoughts that vibrate with the same goals as our own. Relatives and friends, enemies and adversaries, companions in Good and accomplice in crime, all associate with our purposes. Their voices echo in our thoughts. Their suggestions induce our choices. Their protection helps us to overcome the difficulties and their turbulence holds us in despair. We fraternize with the "dead" more frequently than with the "living". "We live with a cloud of witnesses," said Paul (Hebrews 12:12) and we are responsible for this "consented partnership" that supports us for Good or for ignorance.

Dr. Nubor Orland Facure is a renowned scholar in Spiritism in Brazil. He is also faculty at the prestigious UNICAMP.

Page of Faith

> Maria Dolores (Spirit) / Chico Xavier (Medium)

The individual of a suffering soul
Want miracles to believe in,
But carry with himself
The wonder of living.

A friend asked Heaven
at a grave time, more money
He has a heaven in his chest,
However, he lost its key.

Gold, Culture, Power,
Possession, Influence and Abundance
They are from God, in the hands of Humans
And death collects it all.

Source: Book *Esperança e Luz* (Hope and Light) by Several Spirits / Chico Xavier (Medium). The book is not available in English yet. The book was translated by the team of the Spiritist Society of Virginia. Its study session was coordinated by Vanessa Anseloni at Kardec Radio's Facebook Page and YouTube channel.

Happiness

> Staël (Spirit) / Ms. Eugénie (Medium)

What is the goal of each individual on Earth? They want happiness at any price.

What is it that makes each one follow a different route? It is that each of us hopes to find happiness in a place or something that we particularly like: some seek glory, others, riches, still others, honors. The majority chases fortune, as it is currently the most powerful means of getting to everything. Fortune serves as a pedestal. But how many see fulfilled this need for happiness? Very few. Ask each of those who arrive if they have achieved the objective, they set out to achieve; if they are happy. Everyone will answer: "not yet"; because all desires increase in proportion to those who are satisfied. If today there are so many people who are interested in Spiritism, it is because, after seeing that everything is chimera and, even so, wanting to achieve it, they experience Spiritism, as they tried wealth and glory.

If God put this great need of happiness in our hearts, it is that it must exist somewhere. Yes, trust God, but know that all that God promises must be divine like him, and that the happiness you seek cannot be material.

Come to us, all of you who suffer; come to us all of you who need hope, because when on earth everything missing, here we will have more than your requests need. Desperate mothers, who grieve over a tomb, come here: the angel you mourn will speak to you, protect you, will inspire you with resignation to the feathers you endured on Earth. All you who have an insatiable need for science, address us, because only we can give your Spirit the food, required.

Come to us. We will know how to find relief for each wound and, however abandoned you seem, there are spirits who love you and are ready to prove it to you. I speak for everyone. I wish that you come and ask us for advice, as I am sure you will go back with hope in the heart.

Source: Mediumistic message received in Paris, France. The report was published in the *Revista Espirita* by Allan Kardec, March 1860, published by FEB.



Renunciation

Bezerra de Menezes (Spirit) / Chico Xavier (Medium)



My friends,

Let us give thanks to Our Heavenly Father, keeping goodwill toward humanity, our siblings.

As in other times, we are together in the sanctuary of prayer ...

Our visit, however, has no other purpose than to collaborate in the inner renewal that is indispensable to us, so that we may not be wasting away the resources of faith and the favors of the time.

We also address our message to all the companions who listen to us outside the flesh, orphans of light, in the pursuit of their own transformation with the Divine Master, because it is only in Christ that we can trace the true path of redemption.

Let us learn to yield, collecting with Jesus the lesson of renunciation, as the divine science of peace.

Our word constantly refers to charity, and we admit that charity is only to get rid of the superfluous material values of our life.

However, the greatest charity will always be that of self-renunciation, which will yield from itself so that the freedom, joy, confidence, optimism and faith in one's neighbor will not suffer damage from any source.

As an incessant exercise of self-sacrifice, it is imperative to yield daily to our opinions, our views, our prejudices and our habits, if we really want to assimilate with Jesus our transformation in the Gospel.

The whole Nature is a school in this sense.

Handing of itself, it converts the raw wood into high-priced furniture.

By abdicating the pleasures of youth, man and woman attain to the Lord the grace of home for the children who will lead the message of love and trust to the future.

Consuming its own forces, the Sun holds the Earth and sustains life with its rays.

Meditate on reality (...), especially you who have already got rid of the physical wrap! Let us cultivate the renunciation of the possessions and affections of the human rearguard, so that death may reveal itself to us through imperishable life, revealing new light! ...

Every day, the solar splendor returns to the experience of man, inviting to perfect themselves inwardly, forgetting old burdens of negative impressions, which so often crystallize in the mind, enslaving us to delusion ...

However, because we live unprepared, wasting the opportunities of service obtained in the world with the dense body, we are harvested by the transition of the tomb like birds caged in the grid its own thoughts.

It is necessary to forget to relive.

It is imperative to let go of all the precarious possessions of the carnal season of struggle, so that the

fire of the passions does not drag us into the calamities of the Spirit, for which we are paralyzed by the longing for progress in secular reparations!...

There is no release of consciousness, when consciousness does not break free.. There is no cure for our soul diseases, when our soul does not surrender to the imposition of recovering itself! ...

Thus, let us be able to exercise the sweet charity of understanding the individuals who surround us. Not only to understand them, but also to support them through the detachment of our desires, realizing that the good of the neighbor, above all, is our own good.

Let us remember that the Laws of the Lord manifest, in blaring voice, in the trumpets of time, conferring to each thing its function and to each spirit the proper place.

In this way, let's not rush to the Celestial Designs, but let us learn to yield, in the conviction that justice is always the perfect harmony.

Attentive to the worship of personal sacrifice under the norms of Christ, let us ask Him for the courage to use silence and goodness, forbearance and unconditional forgiveness, for the regenerating work of ourselves, since we cannot dispense with energy and steadfastness in order to be fond of similar virtues which, on so many occasions, are enthusiastic in our mouths, when our heart is far from them.

Let us radiate the resources of love through those who cross our paths, so that our attitude may become a witness of Christ, sharing with others consolation and hope, serenity and faith.

Let us imitate the humble seed to dissolve on the ground, seemingly helpless, learning with it to disintegrate the heavy and dark webs that constrict us to eternal individuality, so that our spirit will unfold, on the sacred ground of life, new expressions of understanding and work.

For this, do not disdain to yield.

And supplicate the Eternal Benefactor to help us shape the Doctrine of Light into our own lives so that our presence, wherever we may be, is always a source of comfort and hope, service and benevolence, exalting to those around us the blessed name of our Lord Jesus Christ.

Source: This message was psychophonically transmitted through Chico Xavier on March 11, 1954 at the Meimei Group in Pedro Leopoldo, Minas Gerais. From the book *Instruções Psicofônicas (Psychophonic Instructions)* by several Spirits through Chico Xavier, published by the Brazilian Spiritist Federation.

Jesus and the Forerunner

> Humberto de Campos (Spirit) / Chico Xavier (Medium)

GOSPEL





After the famous introduction of Jesus to the doctors in the temple of Jerusalem, Mary was visited by Isabel and her son in Mary's humble little house in Nazareth.

After the usual greetings, during the discussion of family affairs, the two cousins started to talk about their children, whose births were preceded by remarkable events and surrounded by unusual circumstances. While the patriarch Joseph attended to the last daily needs of their humble workshop, the two mothers entertained themselves with intimate conversation, affectionately confiding their dearest motherly concerns.

"What amazes me," said Isabel with a loving smile, "is John's temperament, given to the deepest meditations despite his young age. Often, I search for him at home in vain. Then, I find him almost always among the sycamores or walking along the scorching hot roads, as if his mind were dominated by deep thoughts."

"These children, in my view," replied Mary, the soft gleam of her eyes intensifying, "bring the divine light of a new path to Humanity. My son, too, is like that, causing me constant concern. Sometimes I find him alone by the waters, other times in deep conversation with travelers heading to Samaria or to the remote villages near the lake. Usually, I hear his charitable words towards the washerwomen, the passers-by, to suffering beggars... He speaks of his communion with God with an eloquence that I never found in the observations of our wise men and I worry constantly about his fate."

"Despite all the values of faith," murmured Isabel with conviction, "we, mothers, always have our spirits shaken by unwarranted fears."

As though carried away by loving worries, Mary continued:

"Just a few days ago, we were in Jerusalem for the traditional celebrations and the ease with which he used his line of reasoning to answer the questions that were presented by the teachers of the temple left us all nervous and perplexed. His science cannot be of this world: it comes from God that certainly manifests itself through his pure lips. Noting his answers, Eleazar called Joseph aside and warned that the boy seems to be born for the downfall of many powerful individuals in Israel."

As her cousin paid careful attention to her words, Mary proceeded, eyes teary, after a brief pause:

“Aware of that warning, I sought Eleazar for him to intercede for Jesus through his valuable relationships with the temple’s authorities. I thought of his unprotected childhood and I feared for his future. Eleazar promised to become involved in his fate. However, when returning to Nazareth, my fears increased tremendously. I spoke with Joseph in greater detail about the little one, since I was worried about preparing him adequately for life!... However, in the days that followed our conversation, Jesus approached me in the morning and questioned, ‘Mother, what do you want from me? Haven’t I been the testimony of my fellowship with the Father in heaven?!’ Highly surprised by the question, I answered hesitantly, ‘I care for you, my son! I recognize that you need better preparation for life...’ But, as if he had full knowledge of what was in my heart, he pondered, ‘Mother, all useful and generous preparation in the world is precious, but I am already with God. My Father, however, wishes that we exemplify all that which is good. Thus, I will choose the best school.’

“On the same day, despite the wonderful promises about him that the sages had made in his presence, Jesus approached Joseph and, humbly asked him to be admitted into his line of work. Since then, as if he wanted to teach us that the best school for God is home and self-effort,” concluded the mother with simplicity, “he finishes wood in the shop, wields the hammer and the axe, filling the house with cheer with his sweet joy!”

Isabel listened attentively to Mary’s story. After other practical matters, both observed that the first shadows of the night were descending on the landscape, greying the cloudless sky.

The woodshop was already closed, and Joseph sought the serenity of the home’s interior for rest.

The two mothers looked at each other somewhat unsettled, asking themselves where their two children could have gone.

Nazareth, with its landscape that is among the most beautiful of all Galilee, is perhaps the most beautiful corner of Palestine. Its modest and rocky streets, its tiny homes, and its unique shops are grouped within a broad hollow on top of the mountains north of Esdraelon. Its vistas are narrow and uninteresting, yet those who go up farther, where the highest of the small houses are, will find, for the astonished eye, the most beautiful vistas. The sky seems to stretch, covering the wonderful panorama



in an infinite expanse.

Mary and Isabel spotted their sons side by side on a height bathed by the afternoon’s last rays. From a distance, one had the impression that Jesus’ hair fluttered in the soft high breezes. His small index finger pointed out to John the landscapes that multiplied in the distance, as a great general would explain the details of his plans to a trustworthy soldier. Before his eyes were the Samaria Mountains, the summit of Megiddo, the heights of Gilboa, the narrow outline of Tabor, which, later on, would be



the following morning, when the precursor was leaving the company of his loving mother, Isabel asked Jesus with graceful interest, "Don't you want to come with us?" And the little carpenter from Nazareth prophetically replied with profound kindness, "John will leave first."

After a few years, we will find the Baptist in his glorious task paving the way to the truth, preceding the divine work of love that the world would know in Jesus-Christ.

In fact, John left first, in order to perform the initial acts toward the magnificent achievement. Dressed in animal skins and feeding himself with wild honey, he explained the Truth with energy and allowed himself to be beheaded in testimony to the Truth, preceding the lesson of mercy and goodness.

The Master of masters wanted to put the candid and rough image of his prophet at the dawn of his glorious teachings. Therefore, we find in John the Baptist one of the most beautiful of all immortal symbols of Christianity. Salome represents the futility of the world; Herod and his wife represent political conventionalism and personal interest. John was the truth, and, in his task of refinement, truth tore him apart and hurt him, as he allowed himself to make extreme sacrifices.

Like the pain that precedes the powerful manifestations of light within the heart, it receives the plain block of marble and chisels away its roughness so that the labor of love emerges in its divine purity. John the Baptist was the clamoring voice in the desert. As a laborer from the first hour, he is the rough symbol of the truth that plucks the strongest roots of the world, so that the kingdom of God prevails in all hearts. Expressing the strict discipline that precedes the spontaneity of love, the struggle that breaks apart the shadows of the pathway, John is the first sign of the active Christian at war with his own imperfections in his inner world in order to establish within himself the sanctuary of his accomplishment with Christ. It was for that reason that Jesus said of him, "Of the sons of women, John the Baptist is the greatest of all."

remembered for the "moment of Transfiguration," the valley of the sacred river of Christianity, the ridges of Safed, the Gulf of Khalfa, and the elevated scenery of Pereu, in a superb set of hills and valleys, beside the crystal clear waters.

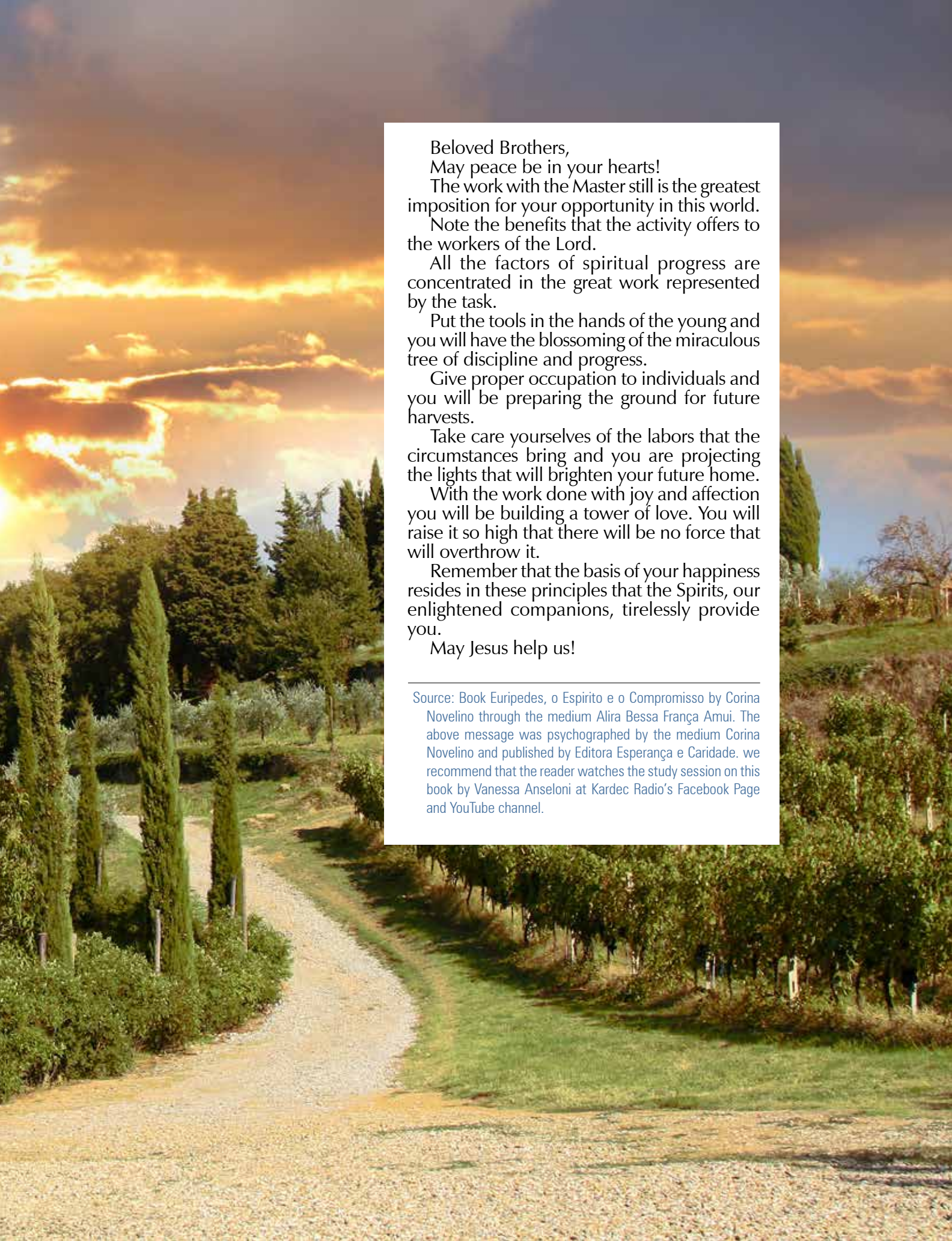
Who could know what was the solitary conversation that they had? Distant in time, we would assume that this was the first union on Earth between love and truth for the conquest of the world. We know, however, that on

Source: Book "Boa Nova" (Good News) by Humberto de Campos (Spirit) through the psychography of Chico Xavier, chapter 17, published by FEB. The book was translated by the team of the Spiritist Society of Virginia. The copyrights of the translation were given to the Brazilian Spiritist Federation. We wait for its publication. Meanwhile, we recommend that the reader watches the study session on this book by Vanessa Anseloni at Kardec Radio's YouTube channel.

A landscape photograph featuring several tall, slender cypress trees in the foreground. The background shows a rolling green hillside with more trees under a dramatic sky with a bright sunset or sunrise, casting a golden glow over the scene. The sky is filled with soft, white clouds.

Working with the Master

> Eurípedes Barsanufo (Spirit) / Chico Xavier (Medium)

A scenic landscape featuring a gravel path that curves through a field. On the left, several tall, slender cypress trees stand in a row. The background is filled with lush green trees and a dramatic sky with a sunset or sunrise, showing vibrant orange and yellow clouds. The overall atmosphere is peaceful and natural.

Beloved Brothers,
May peace be in your hearts!

The work with the Master still is the greatest imposition for your opportunity in this world.

Note the benefits that the activity offers to the workers of the Lord.

All the factors of spiritual progress are concentrated in the great work represented by the task.

Put the tools in the hands of the young and you will have the blossoming of the miraculous tree of discipline and progress.

Give proper occupation to individuals and you will be preparing the ground for future harvests.

Take care yourselves of the labors that the circumstances bring and you are projecting the lights that will brighten your future home.

With the work done with joy and affection you will be building a tower of love. You will raise it so high that there will be no force that will overthrow it.

Remember that the basis of your happiness resides in these principles that the Spirits, our enlightened companions, tirelessly provide you.

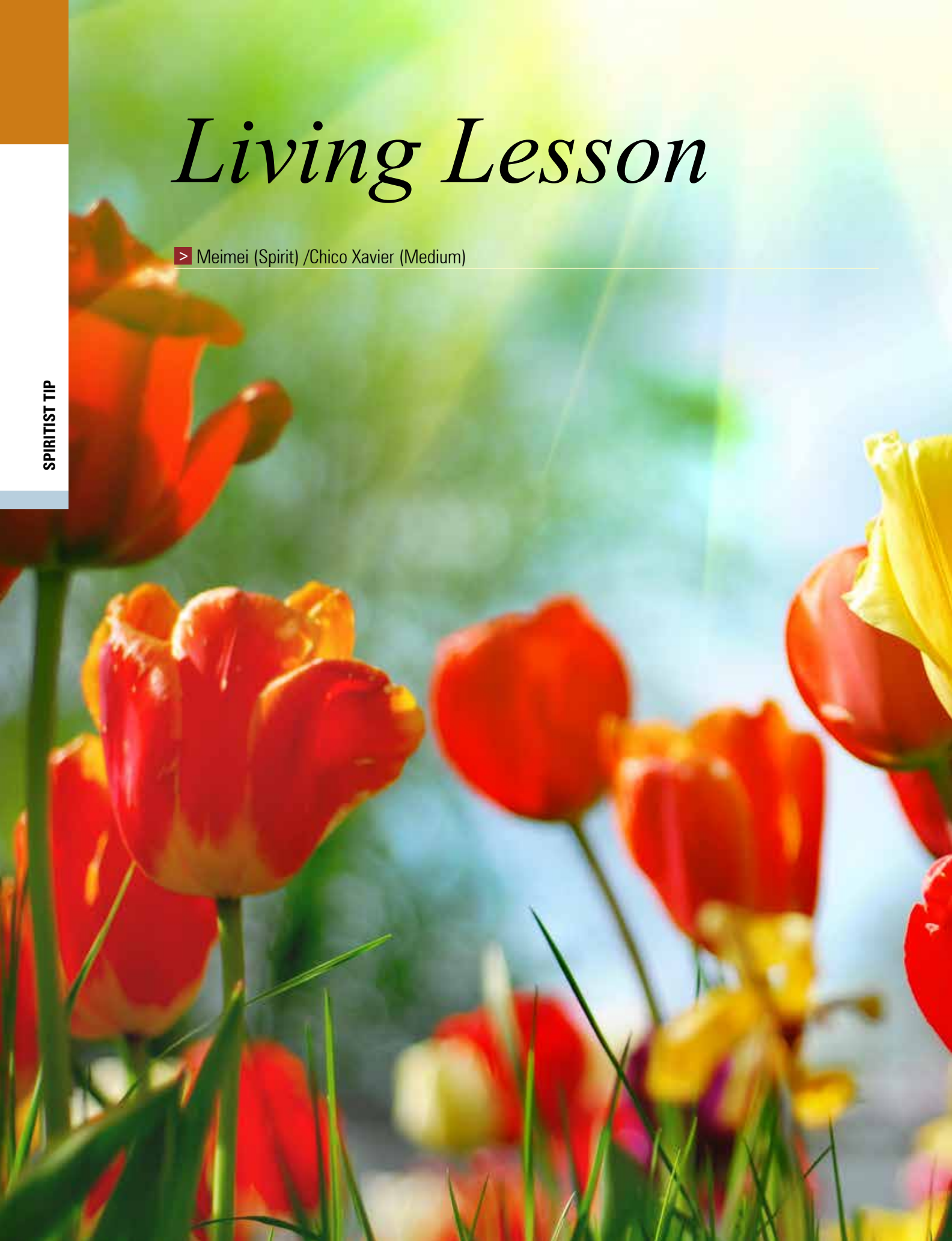
May Jesus help us!


Source: Book Euriopedes, o Espirito e o Compromisso by Corina Novelino through the medium Alira Bessa França Amui. The above message was psychographed by the medium Corina Novelino and published by Editora Esperança e Caridade. we recommend that the reader watches the study session on this book by Vanessa Anseloni at Kardec Radio's Facebook Page and YouTube channel.

Living Lesson

> Meimei (Spirit) /Chico Xavier (Medium)

SPIRITIST TIP





Never take revenge on someone.
Guard your patience and always forgive.
This is a page found in the book of everyday life.

A friend during a trial suffered hit after hit. The brother, who was supposed to be devoted to him, instead swept the joy away. He inappropriately took over his father's farm who entrusted it to him as he took his farewell on this existence; he separated him from his wife by deceitful behaviors; and, at last, took his own son, who was practically still a child, got him addicted to cocaine, and made him a dangerous thief.

For this very reason, he vowed to finish him.

One month after his cunning scheme, he learned that his troubled brother would attend a particular festival. He got a hold of a weapon and rehearsed his tragic plan.

One week after this plan, however, he was invited by a group of devoted brothers and sisters to attend a home service following the Gospel of Christ.

The lesson was about forgiving our enemies.

The unexpected visitor listened to the hour's lecture and was deeply moved to reflect on the teachings of Jesus.

Illuminated by a sudden renewal, he decided to forget the offenses received.

On the following day, almost unrecognizable, he was in search of his own happiness in the certainty that God would bless him.

The hours passed by, when, behold, life brings him a strange surprise: in the same place, at the scheduled date of the gathering where he would have practiced his intended crime, towards the end of the celebrations, the one who made him a ruthless aggressor fell into the arms of death under a violent cardiac arrest.

The lesson learned: never take revenge.

All of us here, there and beyond are under the control of God's law.

Source: From the book *Deus Aguarda* by Meimei through Francisco Cândido Xavier, published by GEEM in 1980. We recommend that the reader watches the study session on this book by Vanessa Anseloni at Kardec Radio's Facebook Page and/or YouTube channel.

Want to Know the Power of Thought?

> Brian Foster

CURRENT



Abstract

According to Spiritism, thought has power, it has consequences. How is this possible? In the book, *In the Domain of Mediumship (Life in the Spirit World)*, inspired by Andre Luiz, psychographed by Francisco C. Xavier, there are some explanations.

Introduction

Ever since we were children, we have been fascinated by the power of thought. Who, as a child, hadn't been worried that their thought caused, or could have triggered a bad action, whether it was in moments of anger against your parents, your dog, or another object of scorn? As we grew up, we learned to dismiss this idea, only primitive peoples still believed in the "evil eye" and other forms of spells. Although, for many of us, we still retained a belief in the power of positive thinking. This belief was more rooted in fashioning us to achieve as opposed to guiding external events according to our desires. We also hopped for some of the latter, but never counted on it.

Accepting Spiritism radically changes this paradigm. We are told we do radiate our mental energies. In fact, we should be careful in what we think, because our thoughts do indeed have consequences.

How do we know all of this?

Thoughts are Mental Telegrams

Be careful of our thoughts. They leave our minds and can draw in unwanted guests. Andre Luiz gives an example of this, in his book, *Workers of the Life Eternal*, where during a funeral, a group of people were talking about the deceased. One man started to reveal that the deceased knew of a man who committed murder, but never revealed the name, due to the high position of the murderer. Andre Luiz describes what happened next.

"At that moment, a horrendous figure followed by others no less monstrous, appeared unexpectedly. The figure approached the thoughtless commentator, and upon hearing his last words, shook him, crying out;

'I'm the murderer! What do you want from me? Why have you called me? Are you a judge?'

The narrator was unable to see what I could, but his body was shaken by an involuntary shudder, which drew muffled laughter from all those present¹."

Examples, such as this one, are a constant theme in literature inspired by Andre Luiz. Our thoughts are radio waves, indiscriminately radiated in all directions. You never know what person or spirit will tune at what time. Additionally, do we completely understand the effect of our thoughts? When we think badly of someone, are we increasing that person's chance of failure? Training our minds to regulate our often-chaotic thought ramblings must be one of the primary reasons we are obligated to live through numerous reincarnations.

How does it work?

In the book, *In the Domain of Mediumship*, Andre Luiz is investigating different types of mediumship. In one case, where a medium's (Raul) ability is amplified by the presence of a spirit, Clementino, Andre could detect the great increase in power in the medium's body. Andre's mentor catches his thoughts and supplies the answer.

"Brother Clementino's mental forces acted upon the psyche of Raul, as electricity acts upon an electric bulb. Pressing upon the solar plexus, it rises toward the neuro-cerebral system, much like electricity from a power plant reaches a bulb, expanding through the incandescent filaments to produce light²."

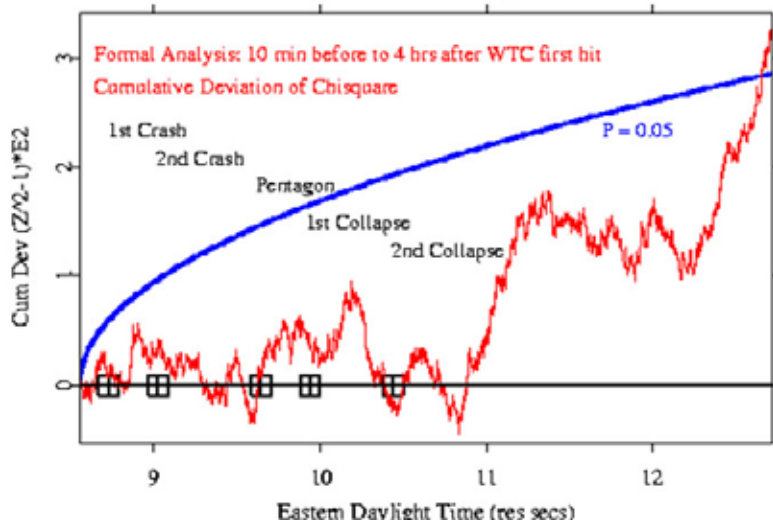
Hence, while our minds are a mini generator, our capacity can be amplified, by external forces, or by a combination of minds focusing together, as in prayer. This phenomenon has been detected by a group started at Princeton University. A team of researchers have placed random number generators around the world. With the assumption that the number would always be random. They wanted to detect if events which caught the attention of the world, or in just some local places where the random number generators were located, could be modified by our collective mental energies. The effort is called *The Global Consciousness Project*³.

The method to detect the power of our mental energies is to compare the expected results of a wide spectrum of random number generators, which should have a relatively smooth pattern of random numbers spread across the world, to the actual results during an event. There are many such events described in their web pages. The most startling is the September 11th

terrorist attack on the World Trade Center. Here is their commentary and graph.

The graph of data from the formal prediction for September 11 shows a fluctuating deviation throughout the moments of the five major events, during which ever-increasing numbers of people around the world are hearing the news and watching in stunned disbelief. Times of the major events are marked by boxes on the line of zero deviation. The uncertain fluctuation of the EGG data continues for almost half an hour after the fall of the second WTC tower. Then, at about 11:00, the cumulative deviation takes on a strong trend that continues through the aftermath period and ultimately exceeds the significance criterion. There were 37 eggs reporting on September 11, and over the 4 hours and 10 minutes of the prediction period, their accumulated Chisquare was 15332 on 15000 degrees of freedom. The final probability for the formal hypothesis test was 0.028, which is equivalent to an odds ratio of 35 to one against chance⁴.

Terrorist Attacks, Sept 11, 2001



As one can see, as the event unfolded, the effect of our collective mental energies grew. Does this provide absolute proof? No, but it is an interesting assessment by a group that has no connection to Spiritism. A study that provides a hint that academia is interested in measuring our mental energy. These types of research are just beginning, who knows what else will be discovered in the future.

Back to Andre Luiz, he is interested in the analogy of our thoughts and the light bulb. He wishes to know how the energy of the light bulb is related to our mental forces. His instructor quickly perceived his thoughts and explained the relationship.



“The bulb, in whose interior the light is produced, disperses the photons which are elements of nature that vibrate in physical movements particular to them. Our soul, in whose intimate ambient the radiating idea is processed, projects the condensed spiritual elements into various mental forces. The world acts one upon the other through the radiation they emit, and the souls influence one another via the mental agents they produce⁵.”

Hence, our mind does send out energy, not photons, but another form, of which our science has not yet explained. The normal functioning of our body supplies the power, derived from our food intake, to allow our brains the electrical and chemical power for our neurons to trigger to internally form and emanate our thoughts. Andre takes this logic and extrapolate to its logical conclusion.

“Just as we on Earth understand the chemistry of dense matter by cataloging its atomic units, we can also



study the make-up of the mind. Cruel thoughts, rebellion, sadness, love, comprehension, hope and happiness have individual weights and make the soul more dense or subtle, In addition, we can define it magnetic qualities. Each mental wavelength possesses its specific coefficients of energy expressed in silent concentration, speech or written word⁶.”

If this statement is true, that by analyzing the wavelengths radiating from our minds, we can ascertain the general thoughts of a person, this explains how spirits are able to mentally read our minds. More worryingly, at some time in the future, a machine to read minds would be possible.

Hence, our thoughts result in real manifestations of power. They affect us and others around us, even into the spirit world, from the highest to the lowest regions. Andre Luiz sums up the importance of our minds.

“We are victims or beneficiaries of our own thoughts

according to the mental energies that we project. Thus, we enslave ourselves by our own erroneous thoughts or liberate ourselves toward progress, according to our decisions and activities, in harmony or disharmony with the eternal laws⁷.”

And, remember, that as we modify our thoughts, we modify our perispirit, either elevating or falling in the quality of our ratiocination, which following the Law of Affinity, whereby like attracts like, we are determining the level in which we will exist in the Spirit realm. Reason enough to begin the long road to exercise our mental discipline.

Find out how Spiritism and the knowledge that spirits are around us helping us to learn to control our thoughts and to follow the right path, read my book, 7 Tenets of Spiritism – How They Impact Your Daily Life. Explore why we are here on earth and how the life we live has been preplanned to supply us what we need to improve in our current life.

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4. Global Consciousness Project, “What is the Nature of Global Consciousness”, n.d., <http://http://noosphere.princeton.edu/911formal.html>, (accessed May 25, 2014)

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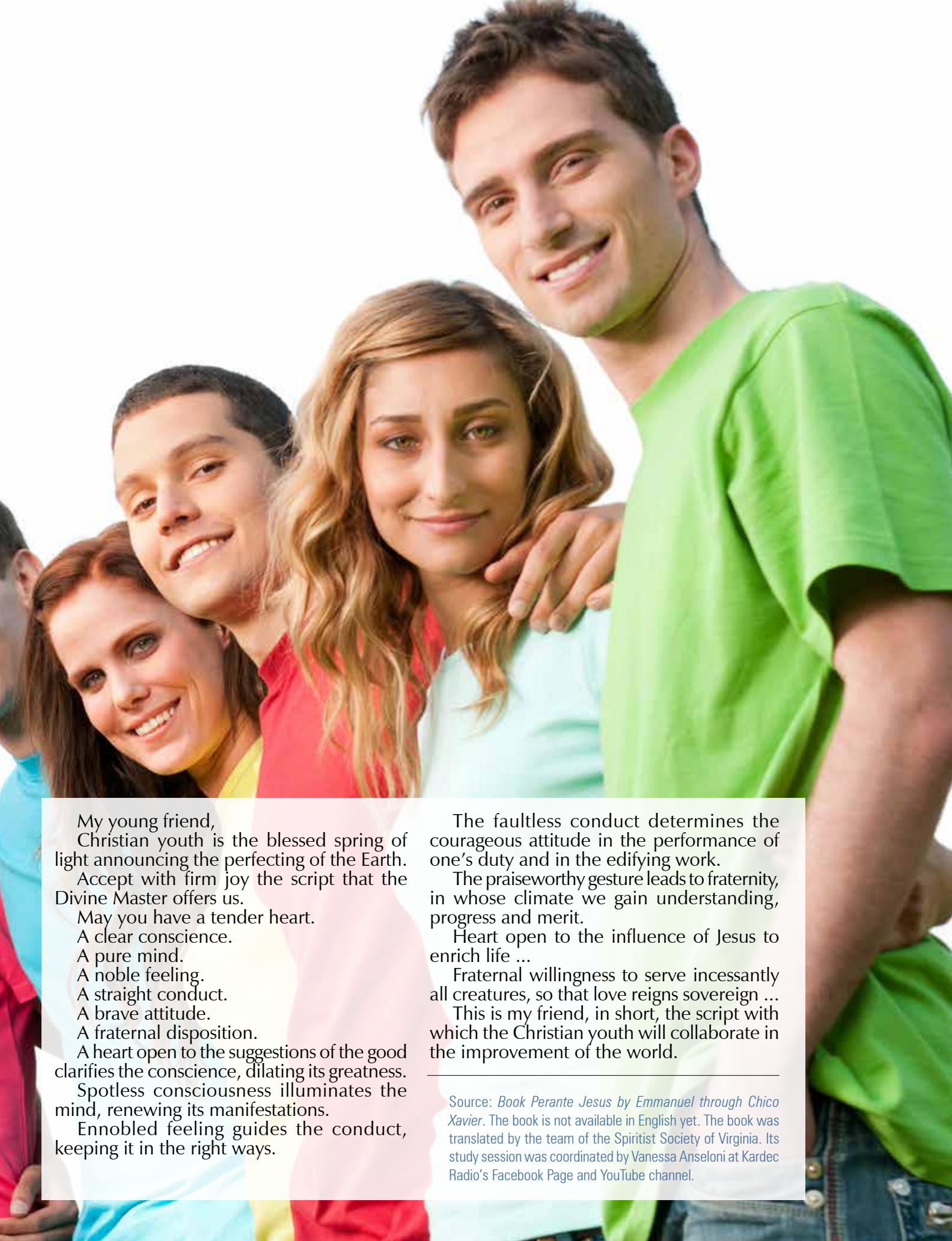
Brian Foster has a BSCS degree and a MBA. He has worked in R&D for medical device corporations and in IT for large financial institutions. Brian Foster has a blog at <http://www.nwspiritism.com>. He is also one of Kardec Radio's hosts.

Message to Youth

> Emmanuel (Spirit) / Chico Xavier (Medium)

INSIGHT

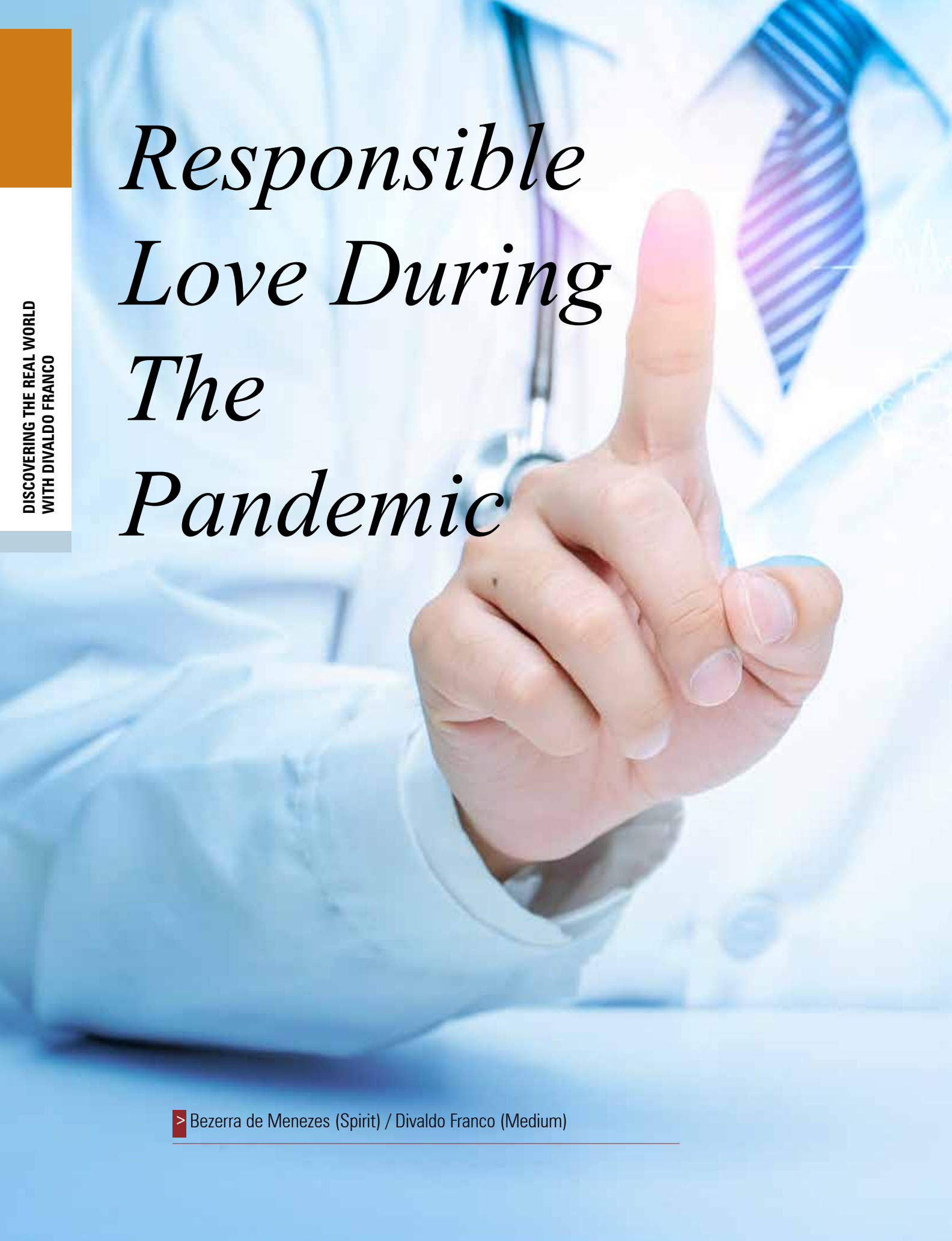




My young friend,
Christian youth is the blessed spring of light announcing the perfecting of the Earth. Accept with firm joy the script that the Divine Master offers us.
May you have a tender heart.
A clear conscience.
A pure mind.
A noble feeling.
A straight conduct.
A brave attitude.
A fraternal disposition.
A heart open to the suggestions of the good clarifies the conscience, dilating its greatness.
Spotless consciousness illuminates the mind, renewing its manifestations.
Ennobled feeling guides the conduct, keeping it in the right ways.

The faultless conduct determines the courageous attitude in the performance of one's duty and in the edifying work.
The praiseworthy gesture leads to fraternity, in whose climate we gain understanding, progress and merit.
Heart open to the influence of Jesus to enrich life ...
Fraternal willingness to serve incessantly all creatures, so that love reigns sovereign ...
This is my friend, in short, the script with which the Christian youth will collaborate in the improvement of the world.


Source: *Book Perante Jesus* by Emmanuel through Chico Xavier. The book is not available in English yet. The book was translated by the team of the Spiritist Society of Virginia. Its study session was coordinated by Vanessa Anseloni at Kardec Radio's Facebook Page and YouTube channel.



Responsible Love During The Pandemic

DISCOVERING THE REAL WORLD
WITH DIVALDO FRANCO

> Bezerra de Menezes (Spirit) / Divaldo Franco (Medium)



My children, Jesus is the zenith and the nadir of our speculations. We have never been in so much need of this beloved Shepherd and humanity has never presented as much love as in these days.

The love of nature in its most varied expressions; in this love of nature, to all that in nature vibrates and lives, to our brothers of the zoological scale. Moreover, our enemies, our friends and brothers ... there has never been so beautiful and noble awareness of Jesus' sayings, because He did not leave us orphaned, He allowed the luminiferous stars to fall from the heavens on earth in the darkness after the French revolution, which would stimulate the world to the songs of freedom through the Americas, breaking the shackles of colonialism that humanity somehow still imposes on the needy society. At no other time was Jesus so exalted and so fought, and this deserves reflection. Let us rejoice and fear not, death is not the end, it is the great liberator of carnal slavery.

Do not worry too much about the pandemic presence of the virus, whose moment will later be understood in its reasons, its origins and why it has now arrived causing panic and pain. You, who know Jesus, maintain respect for the laws, seeking the precaution recommended by the health authorities, but do not hide the helping hand to the sufferer.

Do not deny the liberating word to those preparing to face immortality.

Don't leave where you've been placed in a pointless and deceptive attempt to prevent contamination.

Seek inner purity and above all nourish yourselves with dynamic, courageous and gentle faith, loving everyone, avoiding the passions which divide and the experiences that unite.

Today, perhaps more than ever, Jesus needs your hands, needs to speak through your lips, feel the warmth of your compassion and the mercy of your feelings.

The great antidote to all evils is responsible love, it is dynamic love, it is love that gives and does not bother to receive even the smile of the beneficiary. Do not think that you are alone, the heavens send their ambassadors so that the exchange between incarnates and discarnates will be made much more easily.

Be careful that your mental waves synchronize with the minds that manage lives and avoid descending your thought into the pages of agony where the outrageous forces that are producing the pains for the need of evolution of the planet are found.

Go, as Jesus said to the five hundred of Galilee, and preach by example, by the enlightened word and by the example of selflessness. The living forces of the universe are with us in the sweet exchange with you. Go and love! In the name of Spiritist spirits, we implore you, oh Lord, to bless us and keep us in peace.


These are the wishes of your humble and paternal servant,
Bezerra.

Source: Divaldo Franco psychophonically received this message during a Spiritist conference in Pinhais, Parana, Brazil on March 15, 2020. He is referring to the COVID-19 Pandemic. This text was kindly shared by Elsa Rossi and the British Union of Spiritist Societies. It was translated by Janet Duncan.

Yes to Solidarity!

➤ Elsa Rossi



The background of the entire page is a soft-focus photograph of two hands, one in the foreground and one slightly behind it, cupped together. They are holding a bright, glowing light that creates a warm, golden atmosphere. The light is diffused, with some lens flare effects, and the overall color palette is dominated by warm tones like beige, cream, and light gold. The hands appear to be of a light skin tone. The text is overlaid on a white rectangular area in the upper left portion of the image.

When I was writing my article for our informative spiritualist newspaper, *Psychic News*, my phone rang, and a message came through.

I read the message written by my dear friend Marcelo Netto, president of Spiritist Federation of Florida. It became a great contribution, because it was synchronized with what I was to write. It gave me great insight to say something about the SPIRITUAL VIRUS that each one of us may carry in our perispirit, that means, our astral body. During

their existence, some people may develop it, others may not. This means that, according to our behavior, the way we live egotistically, full of pride, envious, maleficent, etc, the disease of the spiritual virus may either develop or not. Nothing is written in stone, but we should follow the law of love that explains everything, especially to the ones who have eyes to see, and ears to hear.

I here copy Marcelo Netto's words, "The time upon us call for solidarity, compassion and much responsibility. Andre Luiz, Spirit-author of *Evolution in Two Worlds* (received by automatic writing by Francisco Candido Xavier, the medium of the century), under a chapter entitled "Microbial



Invasion” states that we are able to establish a perfect immunological state in our inner lives when we help others. Little by little, we start understanding the maxim “without charity there is no salvation” contained in the Spiritist Teachings codified by Allan Kardec available in many books for studies: *The Spirits’ Book*, *The Mediums’ Book*, *The Gospel According to Spiritism*, *Heaven and Hell* and *Genesis*.”

And he continued, “Today, more than ever, we are exhorted towards simplicity, humility and unlimited fraternity; fraternity towards others – wherever possible, and also towards our own Spiritist centers as many have shut its doors temporarily at this time of crisis”.

So many good things may come from the crisis time. We should reflect more, listen more, and avoid using bad words against government. We are the author of our

own lives. We may even prepare our reincarnation. We may participate in the decision about who and when we will return to the physical body. Centuries and centuries pass, and yet we repeat the same mistakes. And have the same results. Our planet needs to move on, to progress, to evolve in spiritual view, to select souls, spirits to come and work in this field, as “when the Lord comes, the work has been done.”

In these days of uncertainties, we listen to so many tv radio news, read newspaper, receive guidance, but no one, either politician or academic people, say something regarding loving one another, things that are touched by heart and soul. I was surprise when the news started talking about kindness. This Coronavirus crisis is awakening people towards kindness, and that is great!

“It is never is too late,” the wise saying goes. And



Marcelo continued: "Remember to stay safe! Let us be mindful of the need of strengthening the power of our mind to defend itself against all the destructive and degrading elements that surround us at this time. "Oh Spiritists! Love one another; this is the first teaching. Educate yourselves; this is the second." Spirit of Truth (Paris, 1860)."

If you are interested in reading the book *Evolution in Two Worlds*, I would like to share with you something about its contents. It was psychographed by Francisco Candido Xavier and Waldo Vieira. It is a marvelous scientific book divided into two parts. The first one connects the words of Jesus to concepts such as the existence of the perispirit and spiritual body, the cosmic fluid, heredity, evolution and sex, nourishment in the spirit realm, and the mechanics of the mind, among

others.

The second part combines questions and answers related to marriage, divorce, pregnancy and abortion. The Spirit Andre Luiz combines scientific and Gospel-related concepts to promote a study of the evolutionary process of the being and the soul in the two realms of our existence - the material world and the spirit world - establishing an intellectual challenge to all those who practice and wish to know the Spiritist Teachings, in the three aspects: Philosophy, Science and Moral Concepts. Spiritism is not a formal religion. No clergies, no churches, no paraments, no rituals. It is between you and your Creator.

Elsa Rossi is the Chairperson of the British Union of Spiritist Societies elsa@buss.org.uk. This article is adapted from is published on *Psychic News*, UK.



Ten Spiritist Lessons On Parenting

> Vanessa Anseloni, PsyD, PhD

Parenting is the most important mission we can ever have. However, we do not have any formal course or preparation for it. People may even laugh at the thought of a formal preparation for parenting. These are the signs of the spiritual development of our planet, yet to be a Regenerative Planet.

Little by little, though, some wise minds have already expressed the need to help and reach out to parents. Chico Xavier often mentioned about the need of a course for parenting.

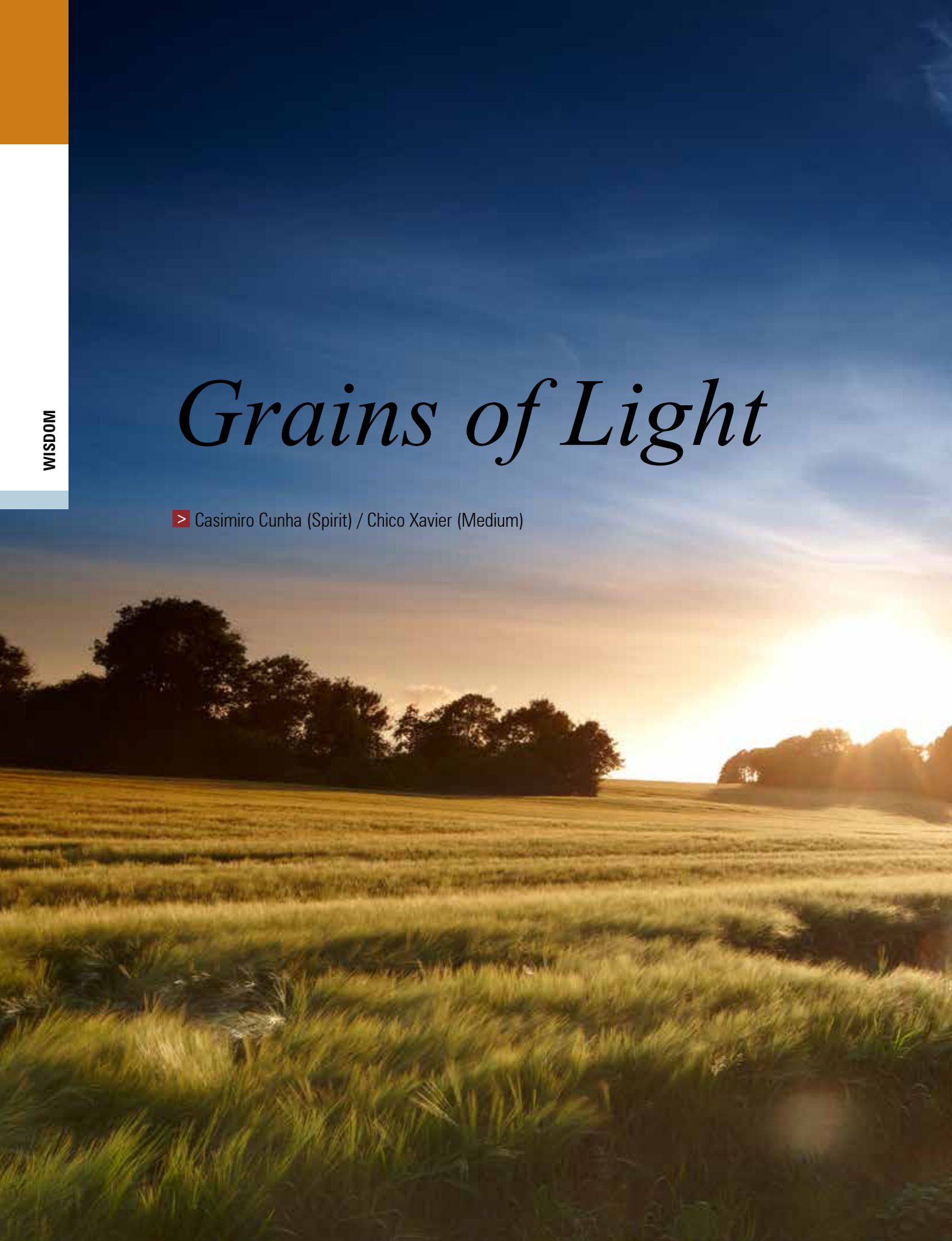
Briefly reflecting on how Spiritism may offer a wealth of support to parents, we here outline a few lessons for Spiritist Parenting:

1. Our children are our Divine siblings. In the temporary role of parents, we shall guide them to God, protect them from unneeded vicissitudes, and foster their moral-intellectual progress.
2. Each child has a millennial experience that shall be respected and considered regarding the reincarnatory plan of the current life. Parents may study their children carefully to observe instinctive tendencies of the past either supporting them (when they are good) or uprooting them (when they are evil).
3. Each child has protecting and guide Spirits who are working unceasingly for their progress. Parents must count on their partnership with the child's protecting-guiding Spirit team through prayers and reflections.
4. Since parenting is a blessed school for our progress, it is vital to choose a superior model that may inspire the parent in the fulfillment of their mission. Jesus, Mother Mary and father Joseph are tangible examples in that regard. The book *Good News* by Brother X through Chico Xavier provides the needed elements for such conquest of the soul.
5. The spiritual-moral education of the reincarnating Spirit begins before pregnancy happens, since they usually spend time with parents, especially the future mother.
6. Prenatal life shall be a time of calm and spiritually centered rhythm. Both traditional Science and the Spiritist science agree that prenatal life experiences impact in the biological-emotional dimensions of the child to come. Cherishing prayerful moments and time for Spiritist study may be helpful in the sedimentation of a successful reincarnation.
7. Parents have agreed to the reincarnation of their children and have also committed to the learning the facets of unconditional love towards their children.
8. Since we parent mostly through mental reflexes (Emmanuel in *Thought and Life*, chapter 13), parents shall do their daily self-discovery and transform the vibrational impact onto their children.
9. The physical body of the reincarnating child is a sacred instrument for the success of the reincarnation. Caring for the body is also part of the Spiritist parenting. Healthy food, adequate hydration, exercising and proper hygiene are daily tasks that shall be performed with loving care and respect for the body, which is a true concession of God.
10. It is natural to feel a diversity of feelings during the 'school of parenting', amongst them guilt and anger. The Spiritist teachings guide us to tame such feelings in prayer and the practice of forgiveness and charity, after all charity begins at home.

Dr. Vanessa Anseloni, PsyD, PhD, is a neuroscientist and psychologist, founder of the School of Emotion. She is a fifth generation Spiritist who has been committed to sharing its teachings through all forms of communication. Founder of Kardec Radio and Editor-in-chief of the Spiritist Magazine. She is also co-author of the book *The New Generation* with Divaldo Franco.

Grains of Light

> Casimiro Cunha (Spirit) / Chico Xavier (Medium)



Use friendly words
Born from brotherly affection.
The comforting verb
Is heart's lotion.

Turn on the light in good weather!
Reaffirm the wisdom
The clear morning sun
Will not last all day.

Never let yourself be carried out
only by the ear;
As the ox sweats and suffers,
The wagon echoes the screech.

A very important person
Is a very rare star
That shines for all
But does not either rest or stop.

The forces of argument
And time spent in strife
Can only bring advantage
To someone who understands you.

Where taste and fantasy
Are greater than the benefit,
Present the farewells,
Forfeiting the deal.

Don't allow the roughness
Of the poisoned spirit frighten you;
Whoever drinks hemlock and gall
Cannot spit molasses.


A noble soul is like a cloud,
No point of view at all,
Receiving benefits
To give to the common good.

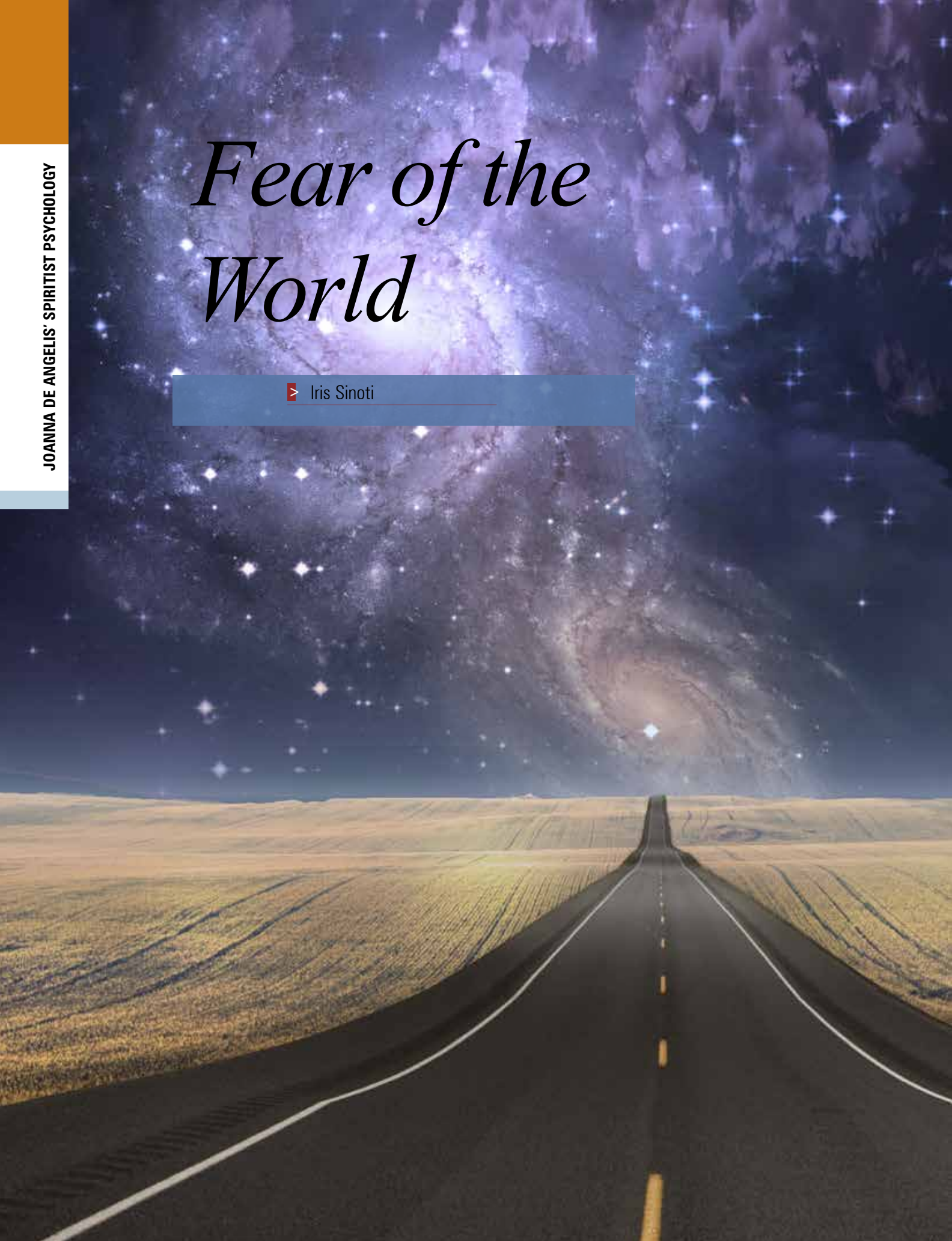
May your delights and joys
Be simple and frugal;
The little lives contentedly,
The much wants even more.

Though handcuffed to the flesh,
Rise to the highest levels ...
The world makes winners,
But Jesus makes the invincible.

Source: From the book *Drops of Light* by Casimiro Cunha through Francisco Cândido Xavier, FEB. The book was translated by the team of the Spiritist Society of Virginia. Its study session was coordinated by Vanessa Anseloni at Kardec Radio's Facebook Page and YouTube channel.

Fear of the World

 Iris Sinoti





We all are afraid, which is normal and natural and serves as a psychological and physiological warning sign, for real and sometimes imaginary threats. There are different reactions: a feeling of unpleasant tension, a strong impulse to flee certain situations, paralysis, muscle contraction, tachycardia and decreased breathing pattern, etc. All this because we have emotions and uncertainties.

We also tend to consider our uncertainties to be fear and, in the world we live in, there are many uncertainties. When living in this modern world, there are many reasons that can trigger our fears: sociological factors, psychological pressures, economic problems, violence, life itself ... it pushes us into the dark room of fear.

And so, we live anxiously. After all, fear and anxiety go together, as the sociologist Zygmunt Bauman said, "The combination of these fears creates a state of mind and feelings that can only be described as an environment of insecurity. We feel insecure, threatened, and we don't know exactly where this anxiety comes from and how to proceed." In this context of social injustice in which we live, insecurity leads to escaping from reality, which ends up degrading human behavior, almost dehumanizing the human being.

In this overwhelming context we also face the fear of being who we really are, together with the fear of being insignificant, the modern fear of the end of one's own existence, not only physical but also virtual. Fear of the future takes new generations away from the meaning and importance of the past, leading them to seek out hallucinatory experiences as an escape mechanism to overcome internal and external pressures. This is the new order, in which truth and lies are mixed up, where respect for oneself often does not exist, leading to the distancing of the being from itself and from the collective of which he or she is a part. What can we do? We live in a fearful society. We are driven by fear because we lack human solidarity and we have too much technology; likes do not replace feelings. We urgently need to review our beliefs, change our behavior, to have the courage to carry on, even with our fears.

Source: This article is reproduced from the excellent *The Journal of Psychological Studies*, issue 69. More issues and information, please go to: <http://www.spiritistps.org/en/the-journal-of-psychological-studies/>

Iris Sinoti is a clinical psychologist in Brazil. As Spiritist, she has been leading the psychological studies of the works by Joanna de Angelis through the books psychographed by Divaldo Franco.



Natural Disaster

> Joanna de Angelis (Spirit) / Divaldo Franco (Medium)

When a natural disaster strikes the Earth and leaves in its wake great losses, people desperately search to know the reason why. It is the natural working of the law of destruction. This law operates the renovation of forms and the evolution of beings. Because of their devastating force, disasters leave a strong effect on people.

This is because I still have to write a lot, to comfort and to help all those who need me. Also, I must help these people, who truly are thirsty for truth, when they ask for advice and spiritual light.

A few days seismic cataclysms and geological upheavals explode producing earthquakes, tidal waves and volcanic eruptions. They come to operate needed readjustments to various aspects of the Planet in the earth's transition from an "expiation world" to a "world of regeneration." Strong events like these are intended to call unwatchful people to the need of deep thinking and submission to the divine will. The result is moral transformation and the stimulation to a higher spiritual attainment. Seen from a spiritual standpoint, such calamities have the function of a sanitary agent. They come to remove heavy psychic accumulations in the atmosphere that man continually expels and takes in, poisoning himself. There is no doubt about the affliction and damage they leave behind. The loss of lives, in large groups, and the marks left are difficult to erase from the minds and bodies of people¹.

Other calamities such as plagues, fires, or grave disasters are due to the backward moral and intellectual states of the Planet's inhabitants. Their effect, however, is useful in that they constitute a challenge to be dealt with. In the future, man will seek ways for protection against them or to eliminate them all together. Endemic and epidemic disasters that used to sweep across the



Earth in the past producing great losses, were common. However, today thanks to the efforts and sacrifices of dedicated scientists, in this “technical revolution,” they are now a thing of the past. Many other phenomena, still causing real catastrophes, are on the way of being conquered through the ingenuity and perseverance of the human spirit. There are also disasters resulting from neglect of unwatchfulness. Irresponsible man uses such phenomena to punish himself by means of the suffering that follows sudden and violent deaths. On the surface, it looks as if such collective tragedies would be unnecessary since they descend on both the good and the bad alike.

One should, however, consider the just operation of divine laws whose purpose is to purify and liberate. They are Laws no transgressors can deceive or evade. Many are the collective transgressions, such as: groups of gangsters, the authors of fearful mass murders; bands of vandals who unite to plunder and spread disorder; habitual aggressors who gather to kill and destroy; delirious pirates interested only in killing and pillage; mercenary, insensitive soldiers taking brutal advantage of innocent

victims; those whose job is to set fires to homes and grain silos; savage mobs who destroy everything wherever they go; groups of torturers who abuse defenseless victims; hardened researchers and scientists and their continuous morbid experiments; sadistic and unjust legislators who take revenge of, and crush the weak; arbitrary conquerors who subjugate honorable cities butchering their inhabitants while feasting and reveling; minds that are linked together by the ties of hatred and jealousy that stir up many passions. All unite again in future lives after the grave in a process of collective readjustments. They have also collectively destroyed, ridiculed, robbed and have subdued those whom they saw as obstacles to their barbaric intentions. They must now become readjusted to the Cosmic order of life and to serve as an example to others who are, nevertheless, touched on seeing the plight that befell them. Yet, even then these others continue in their unfortunate behaviors missing those valuable lessons that could have led them to an inner transformation. Further, there are the building constructors who become instruments of debts



that must be paid as well as careless machinists and vehicle conductors who are instrumental in big road tragedies. Also, those who trade their honor knowing that their hands and minds take a part in the cause of certain calamities. Although unknown to human justice, they will not be able to avoid the Divine Consciousness etched in their souls. It will require of them to return to the same stage where they had transgressed and now become heroes by saving others at the cost of their own sacrifice and thus earning their peace. Catastrophes that shock some people and Surprise others are only the manifestation of perfect justice. As long as humanity is egotistic and spreads the seeds of arrogance, hatred, pride and are unmindful of their neighbor's suffering, Humanity will experience collective afflictions and tears that summon it to the ways of good and love, charity and self-sacrifice. As humankind has been able, through technology, to overcome several factors that produce calamities, humanity can, likewise, through moral conquests, gradually avoid the need of such redemptive measures. Whenever the just concessions for spiritual

adjustment are not enough, calamities come to make humans realize the indomitable presence of the higher powers. This will bring them back to the perception of their own smallness inducing them to strive towards new horizons of advancement. When we are touched by the suffering of many and share in the anguish that descends upon families in a catastrophe, let us help them and pray for them in a sanctified union of brotherhood. If we do so, we will be building even now a harmonious society, which, upon crossing the grave, carries peace, hope, and the happiness of a traveler who returns, with great joy, to his homeland.


¹The day before this writing, on February 2, 1974, a fire in the Joelma building in São Paulo, Brazil killed 170 people revealing several acts of heroism. (A note by the spiritual author.)

*Source: From the book *After the Storm* by Joanna de Angelis through Divaldo Franco, published by Leal editora. This book is out of print.*

The background of the cover features a warm, golden-brown color palette. It shows the silhouettes of several people walking in a hallway, captured in motion. The figures are dark against the lighter, blurred background, creating a sense of movement and activity. The lighting is soft and directional, casting long, gentle shadows on the floor.

Parents Helping Parents

CHICO XAVIER

The background of the page features a warm, golden-brown glow. In the foreground, there are dark silhouettes of several people walking from left to right. The silhouettes are slightly out of focus, creating a sense of movement and depth. The overall mood is contemplative and hopeful.

Once, a desperate woman came to Chico, explaining that his daughter had started smoking and drinking. She was walking with turbulent people. Also, she was withdrawn, depressive.

After a minute of spiritual dialogue with doctor Bezerra de Menezes, Chico simply replied, "Do charity, my daughter. Everything will be resolved"

Bewildered and confused by the medium's response, the mother returned to her city and told her husband about the advice she had heard.

A few days passed and a friend invited the mother and her husband to volunteer at the city prison.

After a brief reflection, the couple accepted the invitation and they started helping at a penitentiary. She sewed the inmates' clothes, took cakes and pies to them, while her husband cut men's hair and helped with

the building's maintenance. Gradually, the two became close friends to those unhappy men and so they spent hours listening to their cries, often offering their shoulders in moments of tears.

During all this time, the discarnate mothers of those prisoners accompanied that couple who were kind and understandable towards their children. One of them suggested that they should look closely at the lives of those two who were showing so much affection and understanding towards the detainees. They got to know of the couple's daughter. She was suffering obsession. Dark spirits were influencing her behavior. The discarnate mothers, in return for the charity and affection of that girl's parents towards their children, decided to help and managed to ward off their daughter's obsessors.

One day, the woman returned to Uberaba and happily told Chico about her daughter's "miraculous" recovery. Chico thanked Dr. Bezerra mentally. He then smiled and affectionately wished her a safe return trip.

Chico

little dog

CHICO XAVIER HAD A LITTLE DOG NAMED DOLL. SHE ALWAYS GOT EXCITED WHEN SHE SAW HIM. WHAT MIGHT HAVE HAPPENED TO HER?



WRITTEN BY
ADELINO DA
SILVEIRA

HEY! DOLL, I AM COVERED WITH FLEAS!

DOLL USED TO JUMP ON CHICO'S LAP AND LICK HIS FACE AS IF SHE WERE KISSING HIM.

AS SOON AS CHICO SAID THAT, SHE RUBBED HER LITTLE NOSE ON HIS CHEST.



DOLL DIED OF OLD AGE AND ILLNESS. CHICO WAS VERY SAD BECAUSE OF HER PASSING. HE WRAPPED HER IN THE MOST BEAUTIFUL SCARF THAT WAS GIVEN TO HIM.



CHICO XAVIER BURIED HER IN HIS BACKWARD AS HE CRIED COPIOUSLY.



A COUPLE OF FRIENDS WITNESSED EVERYTHING. DURING CHICO'S FIRST VISIT TO SAO PAULO, THEY DECIDED TO GIVE HIM A DOG JUST LIKE HIS MUCH-MISSED DOLL.



SHE WAS STILL A VERY YOUNG PUPPY. THOSE WHO WERE THERE CARRIED HER AROUND WITHOUT DIVESTING HER FROM HER BLANKET.



AS EVERYONE TALKED TO EACH OTHER, THE LITTLE DOG WAS PETTED EACH PERSON THERE. WHEN CHICO CAME INTO THE ROOM, SOMEONE PLACED THE LITTLE PUPPY INTO CHICO'S ARMS.



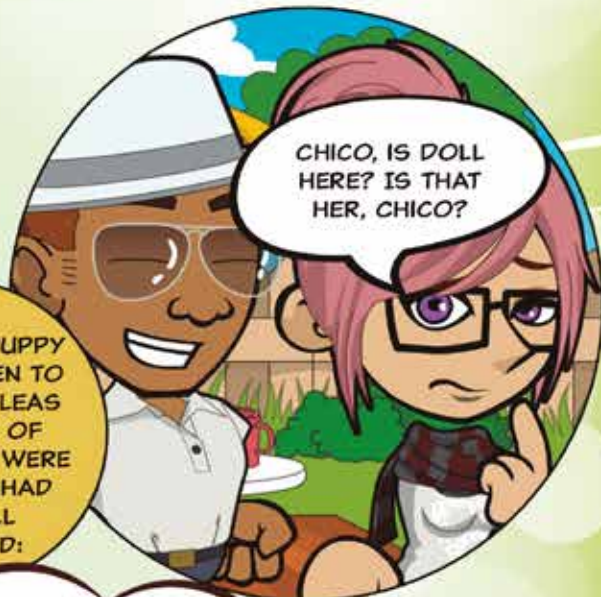
HEY, DOLL! I AM COVERED WITH FLEAS!

SHE SAT ON CHICO'S LAP. SHE STARTED TO WIGGLE AND TO LICK HIS FACE.



THE LITTLE PUPPY STARTED THEN TO LOOK FOR FLEAS AND SOME OF THOSE WHO WERE THERE AND HAD MET DOLL EXCLAIMED:

CHICO, IS DOLL HERE? IS THAT HER, CHICO?

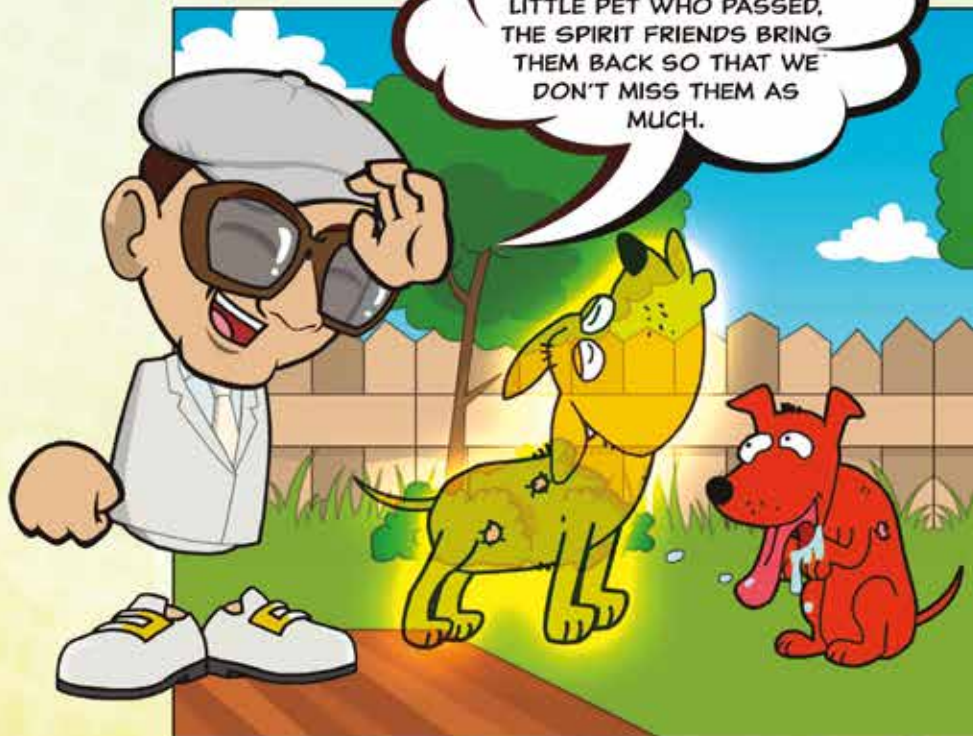


YES, DOLL IS HERE. SHE IS TEACHING THIS PUPPY THE SPECIAL TRICKS I USED TO LIKE.

WE HUMANS ARE IN NATURE TO HELP THE ANIMALS TO PROGRESS IN THE SAME PROPORTION THAT THE ANGELS ASSIST US.

WHEN WE TRULY LOVE OUR LITTLE PET WHO PASSED, THE SPIRIT FRIENDS BRING THEM BACK SO THAT WE DON'T MISS THEM AS MUCH.

FOR THIS REASON, THOSE WHO MISTREAT ANIMALS HAVE NOT YET LEARNED TO LOVE.



THE END

Art and Spiritism at Kardec Radio

Kardec Radio's listeners often send their messages of gratitude and testimonial of love for the Spiritist works that nourish their souls. Recently, the poem below as well as the arts were sent by a listener (who wants to remain anonymous). They were related to the programs at 11 pm (E.S.T.) regarding the books *Memoirs of a Suicide* by Camilo Botelho / Yvonne Pereira and *Before Jesus* by Emmanuel /Chico Xavier.

WE KNOW GOD

Let us stop ignoring
that we know God

Eyes given so we can better see
Shelter about us so we don't freeze

So much color to enjoy
Billions of cells that feel
to experience
Warmth, contentment, sick,
laugh, rest, worry, help, sad,
each other
....we know God!



Spiritist Support for Parents App

The Spiritist Society of Virginia will shortly release an app especially for parents. The Spiritist Support for Parents encompasses a wealth of information and resources that shall help parents understand their mission from a Spiritist viewpoint as well as gather instructions to empower their family lives. For more information on their Facebook page

<https://www.facebook.com/spiritistparenting/>

Spiritist Support for Parents

Helping one parent at a time



New release

*Does death exist?
What changes when we go to the Spiritual dimension?*

The central character of our story, Maria Lúcia, took a long time to realize and accept her new reality, continuing her mistakes and misunderstandings despite the constant help and support of friendly relatives, who sought to awaken her from her selfish dream to power, fame and illusory success.

Through the immeasurable Divine Mercy, she discovered that the most precious good for anyone is Fraternal Love, which personifies in the fellow beings around us.



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